



Free Spirit 

Liberty Cross Quilt

Featuring Southwold Blue by Sanderson

Collection: Southwold Blue by Sanderson

Technique: Pieced

Skill Level: Advanced Beginner

Finished Sizes: Finished Size: 60" x 80"
(1.52m x 2.03m)

Finished Block Size: 20" x 20"
(50.80cm x 50.80cm)

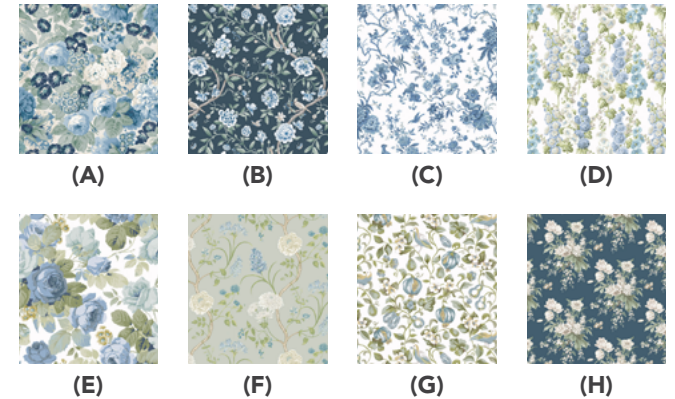
All possible care has been taken to ensure the accuracy of this pattern. We are not responsible for printing errors or the manner in which individual work varies. Please read the instructions carefully before starting this project. If kitting, it is recommended a sample is made to confirm accuracy.

Project designed by Linda and Carl Sullivan | Tech edited by Alison M. Schmidt

Fabric Requirements

DESIGN	COLOR	ITEM ID	YARDAGE
(A) Rose & Peony Medium	BLUE	PWSA017.BLUE	$\frac{3}{4}$ yard (0.69m)
(B) Porcelain Garden	NAVY	PWSA057.NAVY*	2 yards (1.83m)
(C) Pillemont Toile	WHITE	PWSA056.WHITE	$\frac{1}{3}$ yard (0.30m)
(D) Hollyhocks	WHITE	PWSA022.WHITE	$1\frac{1}{4}$ yards (1.14m)
(E) Chelsea	WHITE	PWSA002.WHITE	$\frac{3}{4}$ yard (0.69m)
(F) Small Summer Tree	SAGE	PWSA058.SAGE	2 yards (1.83m)
(G) Pear & Pomegranate	WHITE	PWSA055.WHITE	$\frac{1}{3}$ yard (0.30m)
(H) Tournier	NAVY	PWSA059.NAVY	$1\frac{1}{4}$ yards (1.14m)

* includes binding



Backing (Purchased Separately)

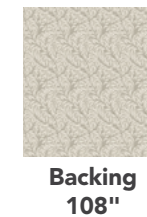
44" (1.12m) wide

Rose & Peony Medium BLUE PWSA017.BLUE 5 yards (4.57m)

OR

108" (2.74m) wide

Pure Willow Boughs LINEN QBWM008.LINEN $2\frac{1}{4}$ yards, (2.06m)



Additional Recommendations

- 100% cotton thread in colors to match
- 68" x 88" (1.73m x 2.24m) batting

Cutting

WOF = Width of Fabric

Fabric A and E, cut from each:

- (2) 10½" x WOF; sub-cut
- (6) 10½" squares

Fabric B:

- (2) 6" x WOF; sub-cut
- (12) 6" squares
- (7) 5½" x WOF; sub-cut
- (48) 5½" squares
- (9) 2½" x WOF strips for binding

Fabric C and G, cut from each:

- (2) 6" x WOF; sub-cut
- (12) 6" squares

Fabric D and H, cut from each:

- (6)* 5½" x WOF; sub-cut
- (24) 5½" x 10½"

*You may need to cut additional WOF strips if you are not able to cut 4 rectangles from each strip. There has been enough fabric allowed for this in the fabric requirements.

Fabric F, cut:

- (2) 6" x WOF; sub-cut
- (12) 6" squares
- (7) 5½" x WOF; sub-cut
- (48) 5½" squares

Sewing

Note: All seam allowances are ¼" (.64cm) and pieces are sewn right sides together. Press after each seam following the arrows or as directed.

Separate the cut fabric pieces into each of the 2 block variations:

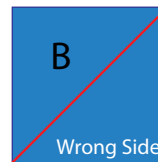
Block 1: Blue (Fabrics A, B, C, and D)

Block 2: Green (Fabrics E, F, G and H)

Instructions

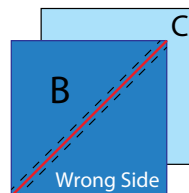
1. Mark a diagonal line from corner to corner on the wrong side of all the 6" **Fabric B** squares (**Fig. 1**).

Fig. 1



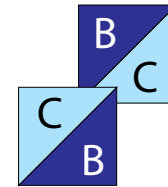
2. Place a marked **Fabric B** square on top of a **Fabric C** square, right sides together. Stitch ¼" on both sides of the drawn diagonal line (**Fig. 2**).

Fig. 2



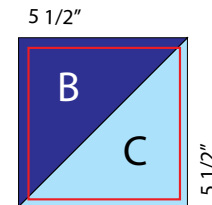
3. Cut apart on the drawn line (**Fig. 3**). Press the seams toward the darker fabric to complete 2 B/C HST units.

Fig. 3



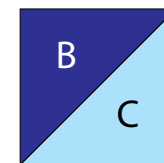
4. Trim the HST unit to 5½" square, keeping the diagonal seam centered in the corners (**Fig. 4**).

Fig. 4



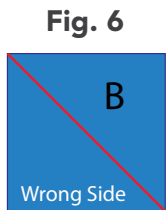
5. Repeat steps 2-4 to make a total of 24 **B/C** HST units (**Fig. 5**).

Fig. 5



Make 24 B/C HST units

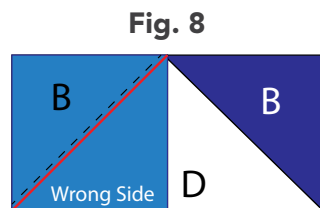
6. Mark a diagonal line on the wrong side of all the 5½" **Fabric B** squares (**Fig. 6**).



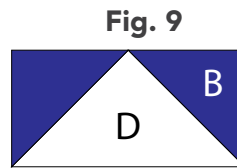
7. Place a marked **Fabric B** square on top of a **Fabric D** rectangle as shown, matching the top and side edges. Stitch on the drawn line (**Fig. 7**). Trim away the excess fabric leaving ¼" seam allowance. Flip open the triangle corner and press towards **Fabric B**.



8. Repeat step 7 on the opposite side of the rectangle with a second **Fabric B** square (**Fig. 8**).

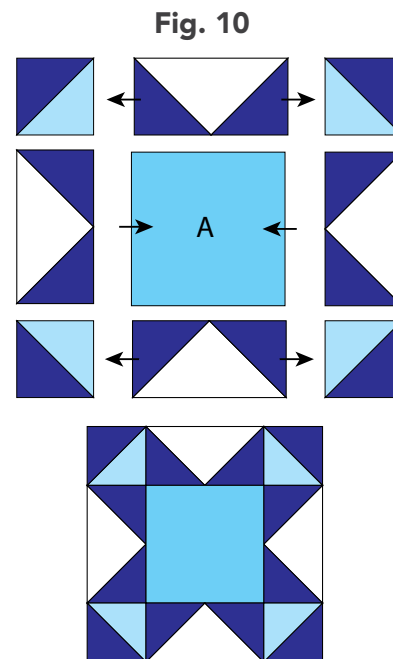


9. Repeat Steps 7 and 8 to make a total of 24 **B/D** Flying Geese units (**Fig. 9**).



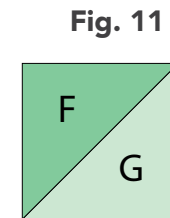
Make 24 B/D Flying Geese units

10. Noting the orientation, follow **Figure 10** to lay out a **Fabric A** square with 4 each **B/C** HST units and **B/D** Flying Geese units. Sew together in rows, then sew the rows together in order to complete the block. Make a total of 6 of Block 1.

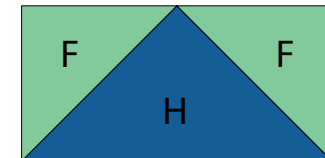


Make 6
Block 1
20" x 20"

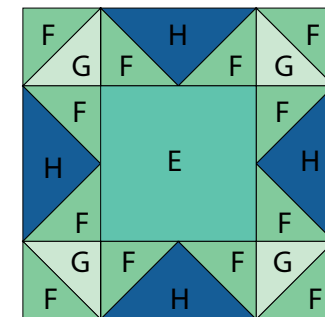
11. Repeat Steps 1-10 using the fabrics indicated in **Figure 11** to make a total of 6 of Block 2.



Make 24 F/G HST units



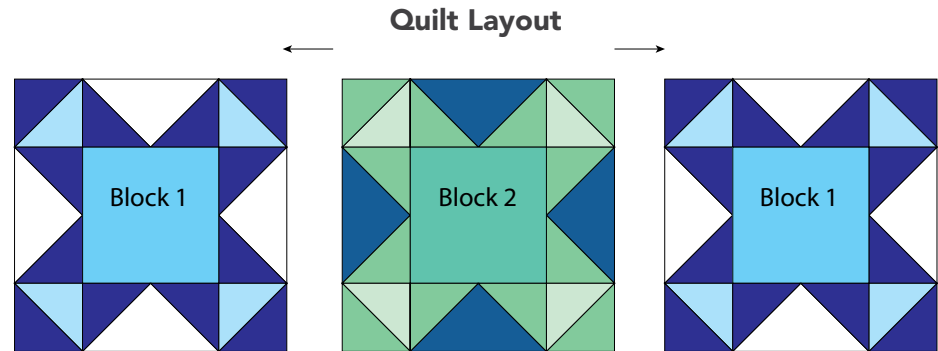
Make 24 F/H Flying Geese units



Make 6
Block 2
20" x 20"

Quilt Top Assembly

12. Lay out Blocks 1 and 2 in 4 rows of 3 blocks each as shown in the **Quilt Layout** diagram.
13. Stitch together the blocks the blocks in each row, matching adjacent seams and pressing seams in alternate directions for adjacent rows.
14. Stitch the rows together in order, matching adjacent seams. Press all seams down.



Finishing

15. Sew together the 2½" x WOF **Fabric B** binding strips end to end using diagonal seams. Press the seams open. Press the binding strip in half wrong sides together.
16. Layer the backing (wrong side up), batting, and quilt top (right side up). Baste the layers together and quilt as desired. Trim excess batting and backing even with the top after quilting is completed.
17. Leaving an 8" (20.32cm) tail of binding, sew binding to top of quilt through all layers matching all raw edges. Miter corners. Stop approximately 12" (30.48cm) from where you started. Lay both loose ends of binding flat along quilt edge. Where these two loose ends meet, fold them back on themselves and press to form a crease. Using this crease as your stitching line, sew the two open ends of the binding together right sides together. Trim seam to ¼" (.64cm) and press open. Finish sewing binding to quilt.
18. Turn the binding to the back of quilt and hand-stitch in place.

